SPECIAL ANNOUNCEMENT

for participants in

2013 European Traditional Wushu Championships

Dear team coaches!

1. Due to the big number of participants, the number of events for participation for one athlete (both men and women) is restricted to 4 in traditional taolu. This restriction applies as follows: 3 individual taolu routines + duilian. This restriction does not apply for children and junior age groups.
2. In senior age group (31-50) the number of competitors should not exceed 6 peolple (3 male and 3 female).
3. Athletes participating in taolu competition can take part in sanda-qinshou or taiji-tuishou if this does not affect the timing of events. In such case the decision where to participate remains with the athlete.

4. In Junior and children groups, the 3-d age group: 7-9 years shal be opened if there are enough competitors. The number of applications per club/team remains unchanged – 12 boys and 12 girls.

5. The lower time-limit for individual traditional routines in senior and junior age group is at least 1 minute. For duilian the lower time limit is 40 seconds.
For children group this limit is at least 40 seconds for both individual events and duilian.

6. You need a health certificate for every event including taijiquan. You need a recent (1 month) cardiogram and encephalogram in addition for sanda-qingshou fighting.

7. Duilian (traditional set-sparring, including weapons) should conform to a chosen style (Xing Yi, Shaolin, Bagua etc.). No unnecessary acrobatics are allowed. Here are some examples:

https://www.youtube.com/watch?v=vv6XxJjCXAU

https://www.youtube.com/watch?v=00S2tk5zWKY

https://www.youtube.com/watch?v=dGMfZK1E_tQ

https://www.youtube.com/watch?v=yPtFpWuWiPQ

https://www.youtube.com/watch?v=PAN9mGGXwFk

https://www.youtube.com/watch?v=1OrIA18mrwQ

https://www.youtube.com/watch?v=7NmOLYnqPLc

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