



## 3rd Open Baltic Wushu Championships 2016

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### Regulations

Taolu, Tuishou

**Riga, Latvia**

**October 6<sup>th</sup> –9<sup>th</sup>, 2016**

## 1. DATE and PLACE

<b>Place:</b>	Riga, Latvia
<b>Venue:</b>	“O.Kalpaka sports hall”, 1 Skrindu Str., Riga
<b>Date:</b>	October 7 <sup>th</sup> – 9 <sup>th</sup> , 2016
<b>Team’s arrival:</b>	06 October
<b>Team’s departure:</b>	10 October

## 2. PARTICIPATION

- 2.1. Any team approved by national federations - members of EWuF and IWuF are allowed to participate.
- 2.2. There are no limitations for the number of national teams and team size.
- 2.3. **Maximum entries for each athlete are limited:** 5 events in IWUF taolu competition program (2 barehanded routine, 1 long weapon, 1 short weapon) and duilian; and 4 events in individual events in traditional program (1 barehanded routine, 2 weapon routines or 2 barehanded routines, 1 weapon routine, 1 duilian).

### 2.4. DOCUMENTS

All competitors are required to hand in:

- National passport (original);
- Health certificates (including ECG). The Health Certificate is only valid if it has been issued within a period of 30 days prior to the competition;
- Valid Insurance Certificate;
- For Tuishou athletes – health certificate showing electroencephalogram (EEG),
- electrocardiogram (ECG), blood pressure and heart rate in a medical check-up taken within
- 20 days before his registration should be submitted at the time of team registration;
- All names and surnames must be typed in English.

## 3. ENTRIES

### 3.1. PRELIMINARY ENTRIES

The preliminary forms should be sent before **September 2, 2016** to the Organizing Committee of the Baltic Open Wushu Championships by e-mail [lwuf@lwuf.lv](mailto:lwuf@lwuf.lv).

### 3.2. FINAL ENTRIES

The final entry forms should be sent not later than **September 15, 2016** to the Organizing Committee of the Baltic Open Wushu Championships by e-mail [lwuf@lwuf.lv](mailto:lwuf@lwuf.lv).

#### NOTE:

- One copy of the Final Entry Form must be brought with the team to the registration;
- Penalty of 150EUR will apply, if submitting Final Entry Form after deadline (**September 15, 2016**);
- Final Entry Forms are valid only when signed and stamped of the respective team manager;
- Final Entry Forms must be submitted only on original application form (self-made application forms are not accepted);

### 3.3. THE PARTICIPATION FEE

**TAOLU:** 25 EUR for the first event for one athlete, 10 EUR for 2nd and 3rd event if any;

**TUISHOU:** 25 EUR for each category if participating (25 EUR for fixed step and 25 EUR for moved step).

### 3.4. JUDGES

Each team should send their own qualified judge for Taolu and Tuishou (if participating).  
The judge panel will be set by EWUF.

## 4. REGISTRATION

All participating teams are required to check-in at the 3rd Baltic Open Wushu Championships organizing Committee registration desk in the Tallink Hotel Riga, 24 Elizabetes Str., not later than on **October 6, 2016 until 18:00**.

When registering, the team manager should pay the relevant participation and accommodation fees.

## 5. ACCOMODATION

The official hotel to be used:

**Tallink Hotel Riga\*\*\*\***

<http://www.tallinkhotels.com/ru/tallink-hotel-riga>

Accommodation is based on a “per person, per night” basis for two people sharing twin room.

Costs:

- 75 EUR per person per night sharing twin room;
- 110 EUR per person per night in single room.

*Price includes:*

- *transfer Riga Airport – Tallink hotel – Riga Airport;*
- *Accommodation in 4-star hotel in the city center;*
- *Meals: breakfast and dinner in the hotel, lunch at the sports hall.*

**NOTE! Only official hotel will be used.**

**Participants shall be required to use the official hotel as a condition of participation.**

## 6. TAOLU EVENTS

### 6.1 AGE GROUPS

**Taolu:**

- Children A: 7 - 8 years (included);
- Children B: 9 – 10 years (included);
- Children C: 11 – 12 years (included);
- Cadets A: 13 – 14 years (included);
- Juniors A: 15 – 17 years (included);
- Adults A: 18 – 35 years (included);
- Adults B: 36+

Full age is determined by the athlete age on **OCTOBER 6th, 2016**.

## 6.2. TAOLU COMPETITION PROGRAM

Forms are divided into 4 groups: A, B, C, D:

- A group is for **Nandu** forms;
- B group is for **standard** forms (1, 2, 3 set);
- C group is for **32 forms**;
- D group is for **basic forms** (16, 20 forms, 32 forms two lines, etc.);

This applies to all weapon and barehand forms.

**NOTE:** Group D is meant for groups Children A and Children B - up to 10 years old (included).

- 1. Barehanded forms:** Changquan, Nanquan, Taijiquan;
- 2. Short weapons:** Jianshu, Daoshu, Nandao;
- 3. Long weapons:** Qiangshu, Gunshu, Nangun;
- 4. Taiji jian.**

**NOTE!** Competition includes individual competition only.

Unless otherwise states within these regulations, the competition will be conducted in accordance with the "EWUF TAOLU Competition Rules" ([http://ewuf.org/assets/ewuf taolu 2014.pdf](http://ewuf.org/assets/ewuf_taolu_2014.pdf))

## 6.3. TRADITIONAL PROGRAM

- T group is for **traditional forms**.

This applies to all weapon and barehand traditional forms.

**NOTE:** name of the performed style should be mentioned in the application form.

### 6.3.1. TRADITIONAL BAREHANDED FORMS

#### **Group 1: Traditional Taijiquan**

Traditional Taijiquan including Chen, Yan, Sun, Wu, Wu (Hao), Li, Zhaobao and other Taijiquan styles divided in Taijiquan competition.

#### **Group 2: Traditional Bagua, Xingyi, Bajiquan.**

Traditional Bagua, Xingyi, Bajiquan styles divided into quanshu competition.

#### **Group 3: Traditional Nanquan**

Traditional Guandong, Fujian, Sichuan, etc. Nanquan schools (Hong, Li, Mo, Cailifo) divided into quanshu competition.

#### **Group 4: Traditional Shaolinquan**

Traditional Songshan shaolinquan divided into quanshu, qixie (weapons) competition.

#### **Group 5: Imitation styles**

All imitation routines including Houquan, Yinzhuaquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan, etc. divided into quanshu competition.

#### **Group 6: Traditional Tongbei, Fanzi, Chuojiao, Pigua styles.**

Traditional Tongbei, Fanzi, Chuojiao, Pigua styles divided into quanshu competition.

#### **Group 7: Traditional Yongchun (Wing chun)**

Traditional Yongchun quanshu routines biaozi and xunqiao (chum kyu and biu jee);

Forms from Chinese Duanwei system;

Wooden dummy form (traditional and free);

Wing Chun Duilian (self composed and standard Wing Chun set-sparring from Chinese Duanwei system).

## **No time limit for Yongchun (Wing Chun) forms.**

### **Group 8: Traditional Wudang styles.**

Zhang Sanfeng Taijiquan, Songxi Neijiaquan, Baxianquan, Xuanwuquan, Wudang Baguaquan, Wudang Xingyiquan, Taiwuxingquan, etc.

### **Group 9: Other traditional styles.**

All other traditional quanshu and weapons routines: Chaquan, Huaquan, Baoquan, Baimei (Pakmei), Liuhequan, Gongliquan, Yuejiaquan, etc.

## **6.3.2. TRADITIONAL WEAPONS**

Group 1: Single Short weapon

Group 2: Single Long weapon

Group 3: Double weapons

Group 4: Flexible weapons

Group 5: Taiji weapons (Taiji qixie)

**NOTE!** Competition includes individual competition only.

Unless otherwise states within these regulations, the competition will be conducted in accordance with the “EWUF TRADITIONAL TAOLU Competition Rules” (<http://ewuf.org/assets/ewuf-rules-traditional-2013.pdf> )

## **6.4. DUILIAN fighting sets**

6.4.1 Barehand vs. barehand

6.4.2. Weapon vs. weapon

**Time of performance:** not less than 40 sec. and less than 1 min.

## **6.5. GROUP EVENTS**

Up to 6 persons of any age category.

**Time of performance:** from 5 to 6 minutes.

The Rules are IWUF and EWUF competition Rules for standard and traditional events. For Wing Chun the basic criteria of Chinese Duanwei system shall be applied as Rules.

## **7. TUISHOU PROGRAMM:**

### **7.1. Weight categories for Tuishou:**

- 48kg Category (Under  $\leq 48\text{kg}$ )
- 52kg Category ( $> 48\text{kg} - \leq 52\text{kg}$ )
- 56kg Category ( $> 52\text{kg} - \leq 56\text{kg}$ )
- 60kg Category ( $> 56\text{kg} - \leq 60\text{kg}$ )
- 65kg Category ( $> 60\text{kg} - \leq 65\text{kg}$ )
- 70kg Category ( $> 65\text{kg} - \leq 70\text{kg}$ )
- 75kg Category ( $> 70\text{kg} - \leq 75\text{kg}$ )
- 80kg Category ( $> 75\text{kg} - \leq 80\text{kg}$ )
- 85kg Category ( $> 80\text{kg} - \leq 85\text{kg}$ )
- 90kg Category ( $> 85\text{kg} - \leq 90\text{kg}$ )
- Over 90kg Category ( $> 90\text{kg}$ )

## **Dress and Protective Gear**

According to EWUF TUISHOU Rules, Article 8.

**NOTE!** Competition includes individual competition only.

Unless otherwise states within these regulations, the competition will be conducted in accordance with the “EWUF TAIJI TUISHOU Competition Rules” ([http://ewuf.org/assets/taiji\\_tuishou\\_rules.pdf](http://ewuf.org/assets/taiji_tuishou_rules.pdf))

## **8. AWARDING**

3 places shall be awarded if there are more than 3 participants in the group; 2 places shall be awarded if there are 3 participants in the group; only first place shall be awarded if there are 2 participants in the group.

## **9. PAYMENT**

**The participation fee must be paid at time of final application form submitting. All the fees must be paid by bank transfer to Organizing Committee bank account.**

The balance for the accommodation and any other fees can be paid in EUR at time of team registration. All payments must be made in full before participation in the event.

### **Bank account details:**

Society “LATVIAN SPORTS WUSHU FEDERATION”

Reg. Nr. 40008193495

SWIFT code: HABALV22

Account No: LV05HABA0551036945675

Address: A.M.Keldisha str. 26-9, LV-1021, Riga

## **10. CONTACTS**

Contact details:

Organizing Committee of the 3<sup>rd</sup> Baltic Open Wushu Championships

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